

# It's your life!

You and the pupils only live once (perhaps), and we're all working hard anyway.

Enjoy it - have fun!

Grades matter, but what will matter most when one looks back on one's life, both as teacher and pupil?

### Introduction

- Good body habits for your performance
- Role play
- Rap
- Song
- Film
- Creativity in the workplace, not just the classroom!



## Taking care of the vessel

The teacher's 'punishing schedule'

Alexander to the rescue:

The tools of the Alexander Technique

Starting with the neck ...
Starting with sitting down ...

## Gifts of the Technique

- Calm
- Confidence
- New appearance
- · Improved agility
- Improved breathing, leading to more calm
- Enhanced vocal cord functioning
- · Long-term self-preservation
- · Natural smile, less nodding



## Vocal elasticity

What can we learn from opera?

Say it in two ways!

Three ways!

## Benefits of rap

#### 你去哪儿?

Tīngdedŏng a!

Nǐ qù, nǐ qù, nǐ qù năr?
Wổ qù Zhöngguó hên hão wár.
Nǐ qù, nǐ qù, nǐ qù năr?
Wổ qù Zhöngguó hên hão wár.
Wèishénme? Wèishénme?
Wèishénme nǐ shuô hẽn hão wár?
Wèishénme nǐ shuô hẽn hão wár?
Zhöngguó fàn hãochĩ hãochí,
Zhöngguó chá hão hẽ hão hẽ,
Suổyǐ wổ shuô hẽn hão wár,
Tīngdedông ma?



## Benefits of rap

忙不忙? (Jin Bu 1)

你家 有几口人?我家有十一口人 我有一个妹妹,两个姐姐,一个妹妹和两个姐姐, 我有七个哥哥, 七个哥哥, 你,有弟弟吗?弟弟哥哥爸爸, 和妈妈吗? 没有!没有!没有!没有!没有! 次多大?五十岁?三十岁? 一、二、三、四,早上好! 五、六、七只狗,八、九只猫,

五、六、七八何, 忙不忙, 忙不忙, 我不忙, 你呢?

我很忙!

忙together now, ma-wa wa-wa wang. Dz-dz再见! 再见!



### Role play

Restaurant scene
You as playwright
Appointment with the doctor
(Chinese culture)



### Song



你好吗?

Traditional Chinese songs Buddhist chants

Your own songs 你去哪儿?

## Benefits of writing your own songs

- Save time
- Get those lessons planned ... differently
- · Have fun get inspired
- Give children a gift by creating stirring and unforgettable learning experiences

(If singing and composing are not be for you, then think about what could be.)

### Take a textbook – Jin Bu 2 Have a try!

学生 忙 上午 起床 上学 回家 开始 作业 爱好 睡觉 老师 明天 天气预报 海边 常常 看电视 听音乐 海边 山区 城市 农村 地方 晚上 有雨 知道 高兴 因为, 所以 有风 有雪 有雾

#### Take a textbook – Jin Bu

#### 天气好吗?



我不知道明天的天气好不好 老师也不知道冷或热 我不想看电视的天气预报 我们家在海边,常常有风和雨 今天你去不去玩 … 不去,我想在家听音乐

### Take a textbook – Jin Bu

做个学生非常忙,上午很早起床上学,回家,开始做作业。 爱好是爱好,今天我想睡觉, 希望明天,天气非常好。

晚上很晚我去 (Try and join in second time!) 很多<u>地方</u>我去 城市、农村我去

山区、海边我去 Once you get going ...

## Other skills/knowledge ...

- · Confucianism and the family
- End of lesson snapshots
- Ventriloquism
- · Paint to Chinese music
- · Beat boxing
- Meditation
- Throat singing



### Other ideas ...

Make songs about ...
the seasons with dance?
Parts of the body
What's the time?

Explore ... ceramics?

# 老师, 我们可以看电影吗?

#### Rapping at GCSE

#### 看什么样的电影?

有没有空? 我觉得你很好看 你来不来? 我很长时间想 你就来吧! 带你去看展览 La lee loo la

所以我今天又在想:

很方便, 离你家不远

E! 你看看, 那是谁, 在海边看爱情片 谁在电影院前边? 动作片,还是戏剧片? 是个名人, 快一点过 我都可以, 票很便宜, 请不要选恐怖片! 用手机拍一张照片, 我怎么在报纸上 Z-Z-Z-Z,在海边(La 没看过这个 有名的演 lee loo la) 员? K-K-K, K-K, 看爱情片 E! 就是你! Z-Z在海边看爱情片 我世界上最爱的人! 动作片,还是戏剧片? 我都可以, 票很便宜, 有没有空? 请不要选恐怖片! 你来不来? 你就来吧! La lee loo la

### Song

JĪ Diān Le?
Qing wèn xiànzài jī diān le?
Duibùqi, wô bù zhīdao,
Nī ne? Nī ne, nī zhīdao ma?
Duibùqi, wô yè bù zhīdao.
Shì yī diān ma? Shì sān diān ma?
Shì sān diān ma? Shì sān diān ma?
Shì wā diān ma? Shì qī diān ma?
Shì wũ diān ma? Háishì shíyī diān?
Qing nī gàosù wô,
Shèi néng gàosù wô, xiànzài de shíjiān?
Boys: Wô zhīdao
Girls: Wô yè zhīdao